

## Mrs. Wilson Is Proudly Shown the Art of Cooking Famous Delaware Dishes

Apple Whip and Greening Puffs Made in the Most Attractive and Delicious Ways—These Recipes Come From Real Cooks

By MRS. M. A. WILSON  
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THE housewives of the State of Delaware are noted as being really good cooks and they take real pride in their housewifery art. The young daughters must all take a spell in the kitchen, particularly during the summer season and while school vacations last. I visited a suburban community in this State just a few days ago and one young cook remarked to me that summer greenings were splendid and she just knew how many attractive dishes she could make from them. She intended to teach domestic science when she finished school.

### Pie a la Delaware

Put a good-sized pudding pan well with butter and then wash and wipe dry the greenings. Remove the stem and blossom end and cut in thin slices. Place a layer of the sliced greenings in the bottom of the pan and sprinkle with a little cinnamon and brown sugar. Then place a layer of cornflakes; repeat the seasoning and dot the cornflakes with one teaspoon of butter. Repeat until the dish is full. Now cover the top with a thin crust of pastry and brush the pastry with milk. Make four thin gauges in the pastry to permit the steam to escape and bake in a slow oven for forty minutes. Let cool in the pan and then loosen pie by running the knife around the side of the pan. Place a large plate over the pan and invert and the pie will turn out on plate. Serve with chocolate sauce.

### Chocolate Sauce

One-half cup of sugar,  
Three-quarters cup of water,  
Four tablespoons of cocoa,  
Two tablespoons of cornstarch.  
Place in a saucepan and stir to dissolve thoroughly. Bring to a boil and cook for six minutes. Let cool and then add one teaspoon of vanilla.  
One-quarter teaspoon of cinnamon and then serve.

### Greening Puffs

Wash and dry greenings, removing the blossom and stem ends, and chop fine sufficient to measure one and a half cups. Now place in a mixing bowl one-half cup of sugar and one-half cup of butter. Five tablespoons of shortening, one egg, one and three-quarters cups of flour, four level teaspoons of baking powder.

One-half level teaspoon of salt,  
One-half level teaspoon of nutmeg,  
Two-thirds cup of milk.  
Mix to a smooth batter and then add the prepared greenings and one-half cup of seeded raisins. Turn into well-greased baking dish and bake in moderate oven forty minutes. Serve with greening sauce.

### Greening Sauce

Cut eight greenings in pieces and then place in a saucepan with one cup of water.  
Cook slowly until soft and then rub through a sieve and sweeten to taste. Now add:  
One-quarter teaspoon of nutmeg,  
One-quarter teaspoon of cinnamon,  
One tablespoon of butter.  
Heat to dissolve the sugar and cool and serve.

### Greening Marmalade

Wash and cut in pieces two pounds of summer greenings. Place in a preserving kettle and add:  
One cup of water,  
Grated rind of one lemon,  
Juice of one lemon,  
Two ounces of candied ginger, cut in May bits.  
Cook very slowly until thick and transparent, then store in the usual manner for jellies.

### Apple Cake

Two cups of flour,  
One-half teaspoon of salt,  
Four level teaspoons of baking powder,  
One-half level teaspoon of nutmeg,  
Five tablespoons of sugar,  
Four tablespoons of shortening,  
One and one-quarter cups of thin apple sauce.  
Place in a mixing bowl and beat to a smooth batter. Now turn the mixture in a well-greased and floured deep cake pan and spread very smoothly. Cover the top very thickly with thinly sliced apples. To prepare the apples, cut apples in quarters with-

out peeling and then slice thinly. Stand the slices of apples on their end in the dough, having the skin side up. Now place in a bowl:  
Four tablespoons of flour,  
Six tablespoons of brown sugar,  
Six tablespoons of finely chopped nuts.  
Mix by rubbing between the fingers and then sprinkle over the prepared apple cake. Dot with tiny bits of butter and use just one tablespoon of butter. Bake in a slow oven forty-five minutes.

### Baked Greening Roll

One and three-quarters cups of flour,  
One-half teaspoon of salt,  
Four level teaspoons of baking powder,  
Four level tablespoons of sugar.  
Place in a mixing bowl and sift to mix. Now rub into the prepared flour four tablespoons of shortening and use seven tablespoons of water to form a dough. Roll on floured board into an oblong sheet about one-quarter inch thick and spread thickly with finely chopped greenings.

Two-thirds cup of brown sugar,  
One teaspoon of cinnamon.  
Roll as for jelly roll and fasten the ends well. Bake in a well-greased and floured baking pan and bake forty minutes in moderate oven. Bake every ten minutes with the following mixture:  
One-half cup of brown sugar,  
One-half cup of boiling water,  
One tablespoon of butter.  
Let cool in pan. To serve, cut in slices and serve with apple whip.

### Apple Whip

White of one egg,  
One-third glass of apple or quince jelly.  
Place in mixing bowl and beat with Dover egg beater until the mixture holds its shape. Then fold in one and a half cups of apple sauce and add:  
One-half teaspoon of cinnamon.  
Serve.

### Fried Apples With Bacon

Cut summer greenings in half, dip in flour and fry until brown in hot bacon fat. Then cover closely and steam until tender. Lift on slice of French toast, garnish with bacon and serve.

### Apple Custard Pie

Line a deep pie plate with plain pastry and then place in a mixing bowl:  
One and one-quarter cups of thick apple sauce,  
One-half cup of sugar,  
One well-beaten egg,  
Yolk of one egg,  
Three level tablespoons of flour,  
One-quarter teaspoon of nutmeg.

Beat with Dover egg beater until smooth. Turn into prepared pie plate and bake in slow oven for thirty minutes. Place white of left-over egg and one-half glass of apple or currant jelly in a bowl and beat with Dover style beater until mixture holds its shape. Use as meringue.

Every housewife knows that the early summer apples, known as greenings, bring a welcome addition to the tables in mid-July.

### MRS. WILSON'S ANSWERS

My Dear Mrs. Wilson—Kindly publish recipe for rhubarb and pineapple jam or marmalade. We enjoyed some that was given us so much I would like to preserve some myself.

MRS. N. J. S.

### Rhubarb and Pineapple Jam

Wash and cut two bunches of rhubarb in small pieces and then place in a preserving kettle and add two grated pineapples. Cook until rhubarb is soft. Measure and add:  
Three-fourths cup of sugar to each cup of the cooked fruit. Place in a preserving kettle and then add:  
Juice of one orange,  
Juice of one lemon.

Cook slowly until thick, like jam; watch very carefully to prevent burning. Place an asbestos mat under the kettle. Fill into sterilized glasses and cover with paraffin and store in the usual manner.

My Dear Mrs. Wilson—Please publish a recipe for cookies made of gluten flour. I am suffering from diabetes. Can buy both bread and cookies, but they are costly—thirty-five cents for a loaf of bread weighing one pound and the flour is fifty cents a pound. Do you know of any place that sells it cheaper? Thanking you so much for your help and information, J. M.

Gluten flour contains starch; other flours may be purchased from the same firm that you mention. Try casing flour and follow the recipes on the package and you will have splendid results.

My Dear Mrs. Wilson—Please answer me how to make colored icings for cake, especially pink and green.

Mrs. E. McF.

Use vegetable coloring to obtain the desired shade in the regular icing.

## Two Minutes of Optimism

By HERMAN J. STICH

### It Might Just as Well Be You

THE ocean's old, centuries old; and forever 'twill be uncontrolled," sang a poet whose imagination was at low tide.

We have not yet completely harnessed the sea; but wave motors and tide motors are in sight.

Also, flawless incubators, puncture-proof tires, draft equalizers, lighter and tougher airplane fabrics, aerial life preservers, cheaper compositions for billiard balls, practicable folding umbrellas, egg testers and automatic typewriter erasers that will save time, trouble and profanity.

More efficient foods and fuels are potential millionaires; condensed, compressed, vest-pocket victrolas are still virgin prospecting; soil enrichers would undoubtedly enrich their discoverers; the filthy brown juice that oozes from oil wells is a vast, unknown treasure trove; radium, nitrogen, electricity, steam and wind are sluggish and untapped forces.

Edison sponsors the statement that modern machinery is 90 per cent inefficient.

Lathes do not cut clean; typewriters are inconvenient, clumsy mechanisms; a machine for musical composers and another that would transcribe from dictated cylinders would prove El Dorados; spark plugs and vacuum cleaners are still in the tender stages of their infancy; locomotives smoke; fool-proof, automatic elevators would automatically create a Croesus.

All industry is agape with holes awaiting filling.

Chalk is constantly breaking; car couplers snap; railway ties wear out too quickly; nuts slip from bolts; aluminum can't be economically soldered; tips annoyingly wear loose from laces; gum erasers; substitutes are badly needed for high-priced paper and rubber; reliable shock absorbers would sell like hot cakes; trouser shapers have thus far failed to turn the trick; keyless locks would preserve the sanctity of the Lord's name and be open-seams to Midas' wealth.

Today we are looking for a better, more efficient way of doing what we did yesterday.

Good workmen continually quarrel with their tools. Precedent is time's refuse. It is the gauge of an age that could not utilize our opportunities; that did not dream of our advantages; that never conceived our daily commonplaces.

Precedent temporarily ties their hands, shackles their ingenuity, fetters their vision; it never warps their reasonableness.

Progress is simply the product of men who looked a little deeper, worked a lot harder, endured a little more than the average man.

## GARLANDS OF PEARLS GIVE GOWN EFFECT



By CORINNE LOWE

The sign with which we are all so familiar at the seashore—"Don't go beyond the ropes"—is one observed by cautious bathers in the sea of Style. One doesn't go beyond these ropes of jet or beads or pearls for the trimming of the evening gown. For nothing else has been found which carries out so well the classic impulse of the new evening dress. The selection for these garlands has fallen here upon pearls, which appear, not only in this detail, but in the triple girde, in motifs of the skirt, and upon the scallops of the hem. The material of the frock is silver moire and the two blend into an effect lovely as moonlit waters.

### Adventures With a Purse

THE other day I came in town quite immaculate in a white skirt and blouse, for although I am like a child when it comes to keeping clean, I at least start out spick and span. I sat down at a typewriter and found that the type had not been cleaned for so long that it was virtually impossible to read that which I had written. So I found a pin and very carefully began digging out each individual letter. In the midst of the operation some one spoke to me, and I dropped my hands in my lap while listening. Alas for my cleanliness! It was a thing of the past. Two smudges of dirt were on my pocket where I had thoughtlessly fished for a handkerchief. And when the machine was cleaned I thought my hands would never again become "itty white." So it was with genuine relief that I bought a bottle of liquid that cleans the type of a machine without any rubbing or digging. It is simply applied, allowed to dry and wiped off. It is fifty cents a bottle. A little bit goes a long way, and it certainly is a saving on the wear and tear of one's clothes and disposition.

Every woman has a love of daintiness, soft underthings, and if she had her way would buy many of the "pretties" that are seen in the shops. Occasionally, however, one sees a bargain that makes it possible to add to the scented chest another nightgown or step-in. I saw a nightgown that won for itself a spot in my heart—it was so dainty! Made of the finest of batiste and trimmed with Irish lace and insertion. Is there a better combination than snow white, sheer material and rich, Irish lace? Two perky boxes of shell pink satin ribbon were an added touch. The price was \$6.95, certainly not too expensive for such an exquisite piece of underwear.

For names of shops address Women's Page Editor or Phone Walnut 5000 or Main 1601.

### Willcox & Gibbs Sewing Machine Co.

1709 Chestnut St., Philadelphia, Pa.  
Telephone: Spruce 2192

COURTESY SERVICE

### Who Goes To Work With You?

One of two companions leaves the breakfast table with you; help or handicap. The right food gives you a lift with the day's work. The wrong food weighs you down.

## Grape-Nuts

is a help.

It gives balanced nourishment without taxing the digestion as heavy, starchy foods do. It adds energy without taking energy away.

Grape-Nuts with cream or milk contains the essential elements needed by body and brain.

Crisp, sweet, delightful—Grape-Nuts is an ideal dish for breakfast or lunch.

### "There's a Reason"

Made by Postum Cereal Company, Incorporated, Battle Creek, Michigan.

## LITTLE BENNY'S NOTE BOOK

By Lee Pape

### THE DANGER SINE

A Play

Scene, outside of a 33 story building.  
First citizen. G, look at all the people winking out in the street instead of on the pavement. Wate they doing that for?  
2nd citizen. Dont you see that sine says "Danger?"  
First citizen. I see the sine but I don't see the danger.  
2nd citizen. You must be one of these people want to see everything.  
First citizen. Sure, seeing is believing, thats me. Whoever owns this 33 story building must of had a old Danger sine and just stuck it up so as not to waste it.

2nd citizen. Holey smoke but you got a suspicious nature.  
First citizen. Well do you dare me to wawk rite past jest to prove that ain't eny danger?  
2nd citizen. I dont dare you but Id like to see you.  
First citizen. Well then all you got to do is watch.

2nd citizen. G wize hes a quarter ways over already and nothing hasent happened yet. Now hes half ways over and the danger is still all on the sine. Now hes 2 thirds ways over, wats you know about that? Now hes 7 eights ways over, well Ill be darned. Hay, hay, look out, heer comes a load of bricks of the roof.

First citizen. Its too late to tell me now, Im underneath of them.  
2nd citizen. Is your life insured?  
First citizen. If certenly is.  
2nd citizen. Thats good.  
The end.

### Ladies' Garage

Woman motor owners in Boston who operate their own cars, but abhor the dirty work of taking care of them; likewise those of a mechanical bent who like to tinker around their vehicles, have reason to rejoice that there is soon to be opened in their city a first-class garage exclusively for women. Not only will all the patrons be women, but the establishment will be managed by a woman and there will be women attendants and mechanics throughout. Even the cab service to be operated in connection with the garage and for its customers will have woman drivers.

### Things You'll Love to Make

Tricotelette Sport Scarf

A colorful TRICOLETTE SPORT SCARF adds distinction to a sport costume. To make the handsome one shown cut a piece of fancy drop-stitched tricotelette (the tubing kind, uncut) one and one-half yards long. Turn in one-fourth inch on both ends and overcast the edges together with heavy crochet silk. Run worsted of a color that contrasts with that of the scarf, in and out through the drop-stitching. Let each piece of worsted form a part of the worsted fringe that finishes each end of this exquisite TRICOLETTE SPORT SCARF. FLORA.

### Iced Tea made with this fine blend is delicious!

1/4-lb pkg 12c  
At all our Stores  
AMERICAN STORES CO.  
AMERICAN

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## WANAMAKER'S



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## Down Stairs Store

## Women's Tailored Gingham Dresses at \$4

Appropriate for Vacation and Traveling

What a little price for such well-tailored, good-looking dresses! Why, they can be worn anywhere! The long sweeping lines of the fine white gabardine collars, the large crocheted buttons, the becoming style—all are indicative of quality. The really good gingham is in various brown and blue plaids that are not too light in color for traveling. Sizes all the way from 36 to 46.

## 35 Styles of Gingham Frocks, \$3.50 to \$7.50

Large checks and small, many different plaids among them. Mostly on the slender straight lines that are preferred this season. One notices the good grades of gingham used throughout. It is the decided good that makes these dresses that has won so many friends.

## 21 Styles of Organdie Frocks, \$5 to \$10

Delightfully crisp and colorful, this part of the Dress Store resembles a flower garden with happy picking everywhere! Rambler pinks and rose, the yellows of buttercups and California poppies, deep larkspur blues and gentle forget-me-not, with pale greens among them—all the flower-like hues!

The style that is sketched at \$6 combines rose, pale blue or Copenhagen with white.

## Desirable All-White Organdies at \$5.50 and \$6

Great variety among youthful styles and some for older women! All the organdies are fine quality and there is infinite choosing.

## Silks Low Priced at 95c, \$1.85, \$2.85

This Summer Sale of Silks in Wanamaker's Down Stairs Store has a way of bringing down prices. People are remembering it from last year. Some mightily good.

## Japanese White Habutai at 95c

Is woven with its threads so compacted together that when it is washed the silk actually seems heavier than before. Used for underclothes, blouses and dresses. 35 inches wide.

## Lustrous Taffeta, \$1.85

Inexpensive taffetas have lacked character in the last years. This one at \$1.85 is different. Plenty heavy, pleasantly soft in finish and with a high luster which makes it suitable for bathing suits or separate skirts. 35 inches wide.

## 40-Inch Crepe Meteor, \$2.85

Of course it is all silk! It comes in beautiful shades of henna, silver, brown, Belgian, pink and navy, as well as black. Excellent for early Autumn gowns.

## Glittering Necklaces of Beads Like Ice! 50c, \$1 and \$1.25

Sound cool? Well, they look even cooler! Clear, hard, white glass beads, skillfully cut so that they sparkle and glisten and reflect all colors! Just the right touch for certain frocks and most certainly inspiring coolness!

Necklaces of imitation ivory beads are \$1 to \$1.50.

## Center Aisle Opportunities

## New Short-Sleeve Guimpes, \$1.50

Wonderful values for they are really short-sleeve blouses that button in back. Just what women want to wear with the popular slip-on frocks. Made of creamy net trimmed with dainty laces, of sheer organdie with lace or of soft white voile with plain Peter Pan collars.

## Peter Pan Collar Sets, 50c

Fine white organdie—a good-sized collar and nicely shaped cuffs. Other exceptional collars and sets at the same price are of sturdy or net.

## Sturdy \$1 Umbrellas for Women and Men

Mighty good ones that went out in a hurry the last time we had them. Covers of durable tape-edge American cotton taffeta over sturdy frames. The handles for men are crook style, those for women have wrist cords.

## Girls' Slip-on Dresses, \$1

One of the most popular Summer styles for girls and women. Pretty ones of linen in blue, maize and pink bodied with white or of chambray in pink, blue and green bound with plaid gingham. 6 to 14 year sizes.

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